

Our menu is free from dairy and refined-sugars.

Most dishes are also gluten-free.

Sweet Potato Gnocchi

10.5

with Cauliflower Puree, Miso Mushrooms, Spinach and Candied Pecans
(N)(S)(nut-free available)

Rice Paper Veggie Spring Rolls

10

with Almond Sauce(S)(N)(SE)(nut-free available)

Beetroot Tartare

10

with Nectarine, Vegan Cream Cheese and Beetroot Crisps(S)(SE)

Port Poached Pear Salad

10.5

with Vegan Ricotta Cheese and Caramelised Nuts (M)(N)(SU)

Roasted Miso Aubergine

10

with Coriander Sauce and Pomegranate (S)

Mushroom Croquettes

10

with Coriander Mayo, Rice Crackers and Confit Wild Mushrooms

Sides

Edamame 4

Smashed Potatoes 4.75

Seasonal Steamed Veg 4.75

Kimchi (Fermented Cabbage) 4.75

Air Fried Chips (Choice of Chilli or Truffle Mayo) 6

ALLERGEN GUIDE:

CELERY-(C), GLUTEN-(G), MUSTARD-(M), NUTS-(N), PEANUTS-(PN), SESAME-(SS), SULPHATES-(SU),
SOYA-(SY), FISH-(CF), EGGS-(CE), VEGAN-(VG), GLUTEN FREE-(GF), GLUTEN FREE OPTION-(GFO),
NUT FREE OPTION-(NFO)

NOTE: PLEASE BE AWARE THAT OUR DISHES ARE PREPARED IN A KITCHEN WHERE ALLERGENS ARE PRESENT THROUGHOUT.
WE CANNOT GUARANTEE THAT ANY DISHES OR DRINKS WILL BE FREE FROM TRACE INGREDIENTS.
PLEASE LET YOUR WAITER KNOW IF YOU HAVE ANY ALLERGENS OR INTOLERANCES.
AN OPTIONAL 12.5% DISCRETIONARY SERVICE CHARGE WILL BE ADDED TO YOU BILL.



Pistachio Orange Crusted Salmon

25

with Grains Medley, Walnut Parmesan & Seasonal Veg (F)(N)

Yeotown Homemade Vegan Burger

19

on a Beetroot Bun with Beluga Lentils, Caramelized Onions, Quinoa, Shiitake Mushrooms and Walnut Patty, Pickles, Lettuce, Red Onion, Tomato (G)(N)(M)(SE)

Make Yours a "Cheese Burger": Vegan Cheese +2

Thai Green Curry

17.5

with Okra, Pak Choi, Pickled Jalapeno served with Brown Rice
Add Prawns(F) + 4.75 Add Tofu(SY)+4

Fresh Sea Bass

25

with Giant Chilli Couscous, Hispi Cabbage, Smoked Aubergine Puree and Pickled Grape(S)(G)(SE)(F)

BBQ Cauliflower Wings

19

with Coconut Cauliflower Rice, Oriental Nutty Dressing, Broccolini (N)(SE)(S) 19

Yeotown Earth Bowl

19

with Spiced Chickpea, Mixed Grains, Sweet Potato, Avocado and Vegan Ranch Dressing (N)

Breathe

PRICELESS

Take a deep breath in for 4 - Hold for 4 - Exhale for 6 and relax...

COME VISIT US AT
YEOTOWN
HEALTH
RETREAT

