

(SY)

YEOTOWN SIGNATURE DISHES LITE BITES Yeotown Homemade Granola 11.75 Coconut yoghurt, poached fruits, red berries & maple syrup (SU) Chips & Dip 6 Blue corn gluten free tortilla chips and 13.5 Yeotown Acai Bowl smashed avocado Acai bowl made with organic acai topped with granola, almond butter, banana & 9 Soup of the Day berries (N) (SU) Homemade soup, toasted seeds, malted bloomer or GF Bread (GFO) (G) 14 Raspberry & Pistachio Waffles Chia & Oat GF waffles, raspberry date 8/15 Kale & Spinach Caesar caramel sauce, raspberries & pistachio (N) Fresh spinach & kale, baked herb croutons, (SU) vegan caesar dressing, walnut parmesan, micro greens (G) (N) Blue Butterfly Pea Pancakes 14 GF blueberry pancakes, coconut yoghurt, **Crispy Herb Potatoes** 6 butterfly pea maple syrup, coconut flakes Served with your choice of chilli or truffle mayo **Harvest Earth Bowl** 18 6.5 Broccolini (N) Spiced roasted butternut squash & sweet Served with lemon & walnut parmesan potato, apple, mixed grains, hummus, kale & spinach, super seed mix, homemade kimchi Homemade Hummus (S) (G) 6 (SU) Served with sourdough pitta or vegetable crudité Thai Red Vegetable Curry 18 Thai red vegetable curry with brown & wild 9 **Nachos** rice, broccolini, fresh chilli, spring onion & Tortilla chips topped with spicy bean salsa, coriander cress melted cheese, homemade sour cream & + Prawns (F) 4.75 + Tofu (SY) 4 coriander cress (G) (VG) (DF) Yeotown Vegan Burger (N) **Hummus & Avocado Slaw Toastie** 10 19 Homemade hummus, avocado slaw. Our signature vegan burger, lettuce, tomato, red onion, brioche bun, crispy potatoes, spinach and tomato on toasted sourdough (VG) (S) (G) avocado slaw (N)(M)(SY)(G) + Vegan Cheese 2.5 Smoked Salmon & Avocado 11.5 Pan Fried Sea Bass 28 Sandwich Lemon & herb crumb, cauliflower puree, herb Smoked salmon, smashed avocado & roasted potatoes, broccolini (G) (GFO) (F) microcress on malt bloomer (F) (G)

Mimosa with Fresh Squeezed O.J.

Bloody Mary (with or without Vodka) 10

10

BRUNCH CLASSICS

Eggs Your Way		9	Shakshuka (G) (CE)		16
Free range eggs your way, sourdough or GF toast, cherry tomatoes, microgreens (G) (CE)			Poached eggs, rich tomato & pepper sauce, feta coriander cress, sourdough pitta		,
Smashed Avocado Toast		13.5	Blackberry & Pumpkin Spiced French Toast		15
Fresh avocado & lime, sourdough or super seed mix, micro greens (G)	GF toast,		Vegan pumpkin spiced french toast, coconut yoghurt, Blackberry Syrup, Oat Crumb (G)		
Eggs Royale 'Yeotown Style'	own Style' (CE) (F) (N)		Chai Spiced Porridge (SU)		11.5
Homemade chia & oat muffin, smoked salmon, cashew hollandaise, poached egg, micro greens			Chai spiced porridge, poached app	ple, granola	11.5
· · · · · · · · · · · · · · · · · · ·			Apple, Beetroot & Cinnamon	Bircher	11.5
Eggs Benedict		16	Beetroot, apple & cinnamon overn	ight oats,	
Homemade chia & oat muffin, Sauteed spinach,			poached apple & homemade gran	=	
cashew hollandaise, poached egg, micro greens /					
Tofu Option (CE) (F) (N) (M)					
SIDES					
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Yeotown Homemade Kimchi	4.75	Н	omemade Baked Beans (SY)	3.75	
Edamame (SY)	4	Al	mond Butter (N)	2.5	
Mixed Olives	4	Sc	ourdough or GF Toast	3	
Mixed Greens Side Salad	5	Pi	tta Crisps (G)	3	
Smashed Avocado	3.25	Se	easonal Fruit Compote	3	
Smoked Salmon (F)	4.75	C	oconut Yoghurt	4	
Vegan Sausages	4.5				



Come experience our award winning Haven of Health in **Devon, England** or **Madeira Island, Portugal**. Optimise your mind, spirit and body today.



Our menu is dairy and refined sugar-free. Most of our dishes are gluten-free.

Disclaimer: Please be aware that our dishes are prepared in a kitchen where allergens are present throughout. We cannot guarantee that any dishes or drinks will be free from trace ingredients. Please let your waiter know if you have any allergies or intolerances. An optional 12.5% discretionary charge will be added to your bill.

Allergen Guide: Celery (C) - Gluten (G) - Mustard (M) - Nuts (N) - Peanuts (PN) - Sesame (S) - Sulphates (SU) - Soya (SY) - Fish (F) - Eggs (CE) - Vegan (VG) - Gluten Free (GF) - Nut Free Option (NFO)